

Dentons pilots Ginger behavioral health program

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NEW YORK—Dentons, the world’s largest law firm, today announces the roll-out of pilot program Ginger®, an on-demand behavioral health benefit. The pilot commences in eight of its western US offices. Another innovative component of Dentons’ Wellness for Life initiative, Ginger launches in the Firm’s six California offices, Phoenix and Honolulu as an emotional health support service that will help partners and employees manage and maintain behavioral health.

Lawyers, professionals and business services staff will access Ginger Emotional Support through the mobile app, where they are then paired with a care team comprised of coaches, therapists and psychiatrists who customize support tailored to the needs of each individual. Users can chat with their coach any time and through the app. If additional care is needed beyond coaching a member will be referred to a higher level of care and these sessions will be delivered in-person or through video conferencing with board certified, licensed therapists and psychiatrists.. Ginger provides coaching and guidance in several areas including stress and anxiety, depressive symptoms and clinical depression, substance use and grief counseling.

“As part of the Firm’s commitment to the health and well-being of our lawyers, professionals and staff, we are excited to pilot Ginger,” said US HR Director Jill Maganza-Ruiz. “We recognize the importance for our partners and employees to have access to these important resources, and expanding their options with the roll-out of Ginger reflects a culture that champions emotional well-being.”

In March, Dentons announced the launch of a pilot program offering Headspace in the Workplace, a meditation program aimed at enhancing mental health and wellness. Lawyers, professionals and staff in the pilot offices use Headspace for Work as a meditation and mindfulness guide as they balance life and work.

Dentons expanded its Wellness for Life program for lawyers, professionals and staff, which now includes monthly internal webinars on a range of topics, including work-life balance, mindfulness, prioritizing and managing stress. The Firm is also continuing a pilot program offering an onsite wellness coach to help address professional or personal issues and provide counseling or offer referrals. Dentons was also an early signatory of the American Bar Association’s pledge and campaign to improve the mental health and well-being of lawyers.

About Dentons

Dentons is the world's largest law firm, connecting top-tier talent to the world's challenges and opportunities with 20,000 professionals including 12,000 lawyers, in more than 200 locations, in more than 80 countries. Dentons' polycentric and purpose-driven approach, commitment to inclusion and diversity, and award-winning client service challenge the status quo to advance client interests. www.dentons.com

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